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MEDICAL EXECUTIVE COMMITTEE APPROVALS

Items approved at the last Medical Executive Committee meeting can be viewed by using this website link and selecting the particular month:

<https://www.torrancememorial.org/for-providers/medical-executive-committee/>

If you have any questions, please contact the Medical Staff Services Department at (310) 517-4616.



Los Angeles Society of Echocardiography

Invites you to attend a meeting discussing:

ACTIVELY RELAXING: Cardiac diastolic function...and dysfunction by echo

Speaker:

BRENTON BAUER, MD, FACC, FASE

Director, Echocardiography lab, Heart Failure, Cardio-Oncology

Torrance Memorial Medical Center

General cardiology, Cardio-Oncology, Advanced Cardiac Imaging

COR Healthcare Associates

Target Audience: Sonographers & Cardiology Physicians

Learning Objectives:

1. Review cardiac diastolic function physiology.
2. Review cardiac diastolic function and dysfunction assessment by echocardiography.
3. Case studies involving different cardiac pathologies affecting diastolic function.

Wednesday May 1, 2024

Torrance Memorial Medical Center

Hoffman Health Conference Center

3315 Medical Center dr.

Torrance, CA 90505

6:00 – 7:00pm Registration & refreshments

7:00 – 8:00pm Presentation and Discussion

Zoom link will be available one week prior, registration required

SDMS CME credit available to LASE members

Please check website for details www.lase.org

Women's Heart Symposium - September 6



Lundquist Lurie
Cardiovascular
Institute



Save the date:
September 6

Torrance Memorial Women's Heart Symposium 2024

For Physicians and Healthcare Professionals Only

**To Support the Vision of the
Lundquist Lurie Cardiovascular Institute**

Friday, September 6

Breakfast/Registration: 7 am to 7:45 am

Conference: 8 am to 12:30 pm

Torrance Memorial Hoffman Health Conference Center

3315 Medical Center Drive, Torrance, CA 90505

Conference will be also available virtually.

Zoom details provided in registration confirmation.

STATEMENT OF NEED: Cardiovascular disease remains the leading cause of death in women in the United States. One in three women will die from cardiovascular diseases each year and in some racial or ethnic minorities the death rate is even higher. The Torrance Memorial Women's Heart Symposium will be a half-day professional conference focused on promoting comprehensive understanding of heart disease in women. Topics will include risk factors, prevention, clinical presentation, treatments and outcomes of cardiovascular disease in women, health issues during pregnancy and the increased risk for developing cardiovascular disease and maternal death.

TARGET AUDIENCE: Cardiologists, internists, family practitioners, endocrinologists, cardiac surgeons, OB/GYN, electrophysiologists, emergency physicians, nurses and other healthcare professionals.

EDUCATIONAL OBJECTIVES: Upon completion of this program participants should be able to:

- Educate health care providers on gender-approaches in prevention, diagnosis and treatment
- Increase awareness of cultural disparities associated with cardiovascular disease risk, including ethnicity, age and gender
- Learn about cardio-oncology treatments and therapies for patients before, during and after cancer treatments
- Educate healthcare providers on the latest diagnostic tools and therapeutic options, including Mitral valve repair

FEES:

Torrance Memorial, Cedars-Sinai, Huntington Health Physicians, Nurses and Employees - \$50

Non- Torrance Memorial and Cedars-Sinai Health System Physicians, Nurses and Employees - \$75

Fees include lectures, continental breakfast, snacks and syllabus. Pre-registration is required.

A full refund will be given if this activity is cancelled. No refund will be given if participant cancels within 48 hours of the activity.

To register visit our website at <http://TorranceMemorial.org/womensheartssymposium> or call 310-891-6726. For more details please visit our website.

SPEAKERS

Brenton Bauer, MD - Torrance Memorial
Risk Factor Evaluation: Beyond the Lipid Panel

Nadia J Curran, MD - Torrance Memorial
Hormones & Cardiovascular Disease

Michelle Kittleson, MD - Cedars-Sinai
Updates in HFpEF

Chris Matchison, MD - Torrance Memorial
Introduction to the Cardiogenic Shock Program

Matthew Ostrom, MD - Torrance Memorial
Palpitations and the Utility of At-Home Rhythm Monitors

Karol Watson, MD - UCLA
CVD Prevention

Janet Wei, MD - Cedars-Sinai
Evaluation of INOCA/MINOCA

Cynthia Williams, MD - Torrance Memorial
Diabetes & Cardiovascular Disease



Endorsed by the American
College of Cardiology



California
CHAPTER



Torrance Memorial Medical Center is accredited by the Accreditation Council for Continuing Medical Education/ California Medical Association (ACCME/CMA) to provide continuing medical education for physicians..

Torrance Memorial Medical Center designates this live activity for a maximum of 4.5 AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Provider approved by the California Board of Registered Nursing, Provider Number 300, for 4.5 contact hours.

MIDLINES

INDICATIONS

- Any medication/fluid that can be given peripherally
- Blood draws
- Can stay in place for 5-29 days

CONTRAINDICATIONS

- Medication/fluids that must be given centrally

WARNING!

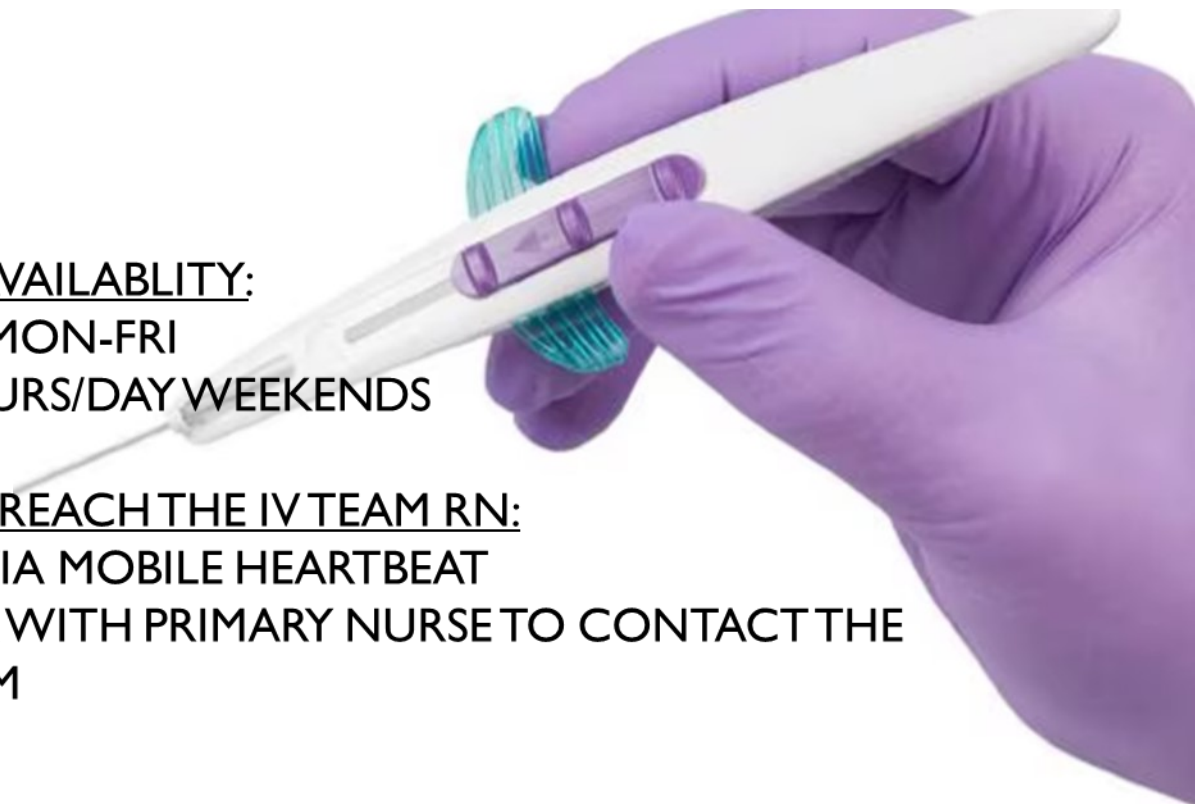
Vasopressors must never be given through a midline. Infiltration is impossible to detect with a midline. Infiltration of a midline with a vasopressor could result in the need for an amputation.

IV TEAM AVAILABILITY:

- 7P-7A MON-FRI
- 24 HOURS/DAY WEEKENDS

HOW TO REACH THE IV TEAM RN:

- TEXT VIA MOBILE HEARTBEAT
- WORK WITH PRIMARY NURSE TO CONTACT THE IV TEAM





Cedars-Sinai Medical Center
Cedars-Sinai Marina del Rey Hospital
Huntington Health
Torrance Memorial Medical Center

Understanding Language Barriers

Health Equity Speaker Series

Join us as we explore the role of language barriers in patient care experiences and how these barriers impact clinical outcomes with guest speaker, Dr. Alicia Fernandez. We will also discuss the attributes of a language-competent health system.

This presentation is relevant for Cedars-Sinai Health System staff.

Thursday, May 2, 2024

12:00 PM – 1:00 PM

Microsoft Teams

[Join the meeting now](#)

Meeting ID: 225 952 178 772

Passcode: eXTpEB

Join by phone: +213-204-1791

Phone conference ID: 294 524 7#



Alicia Fernandez, MD

Professor of Medicine

Associate Dean, Population Health and Health Equity

Director, UCSF Latinx Center of Excellence

University of California, San Francisco

[More about Dr. Fernandez](#)

Cedars-Sinai Medical Center designates this educational activity for a maximum of 1.0 AMA PRA Category 1 Credit.

*For more information on our Health Equity Speaker Series,
please contact HealthEquity@cshs.org*



Obesity Now: A Workshop to Implement Real World Strategies

Friday, September 20, 2024

Cedars-Sinai Harvey Morse Conference Center
Los Angeles, CA

This symposium is intended for clinicians, of all disciplines, to learn real world strategies to discussing weight management with patients, evidence-based treatments and how to start using these effectively in your practice.

Key Topics:

- Starting non-bias, weight sensitive conversations with patients
- Understand how to navigate prescribing anti-obesity medications in the setting of limited coverage and access to care
- Maximize weight management results through evidence based nutrition and healthy lifestyle approaches
- Understand when and why to refer patients to bariatric surgery
 - Discuss the evolving landscape of treatment for adolescent weight management
- Learn real-world strategies to practice Implementation

Register Online

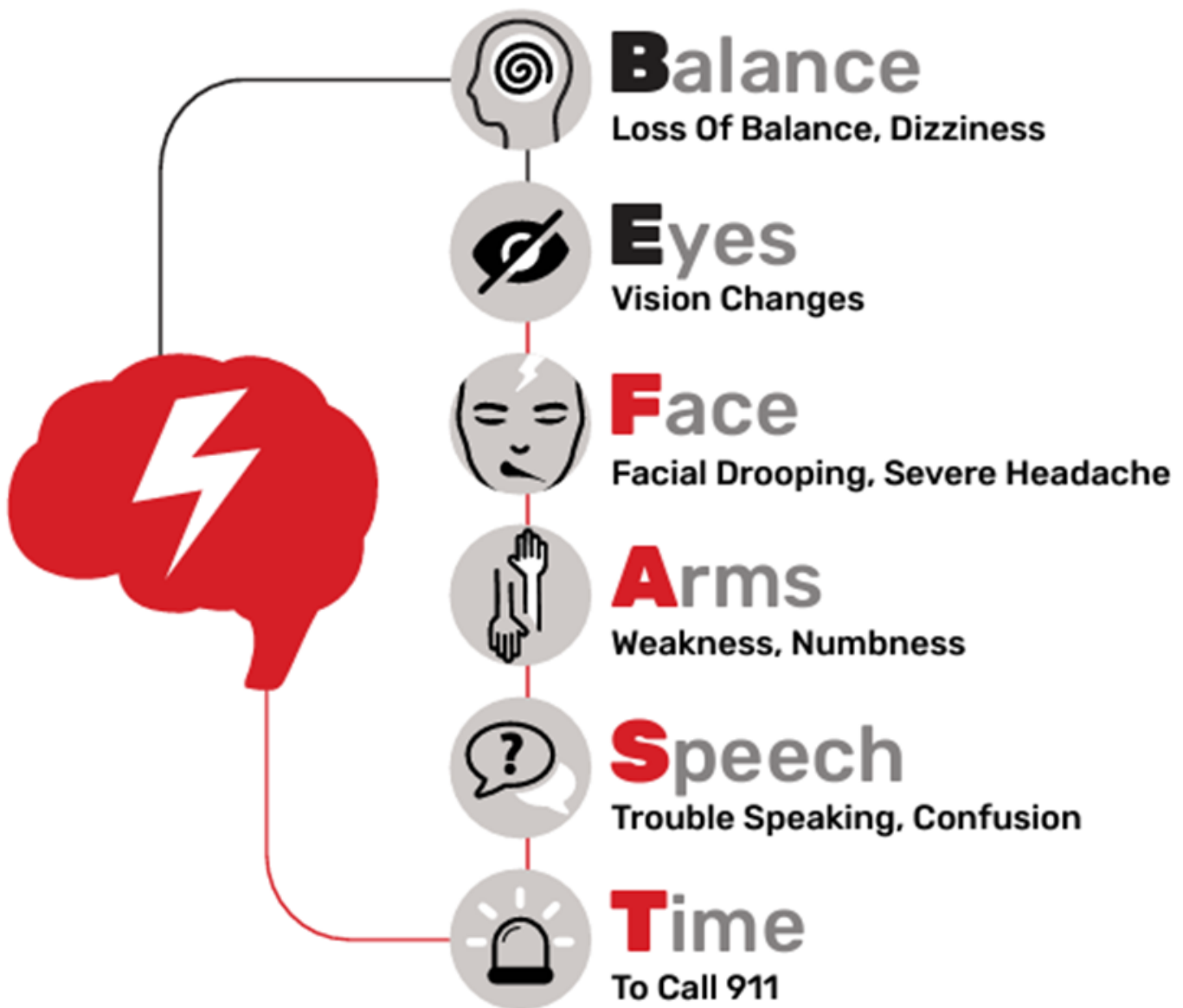


<http://cmecshs.org/48VPdyc>

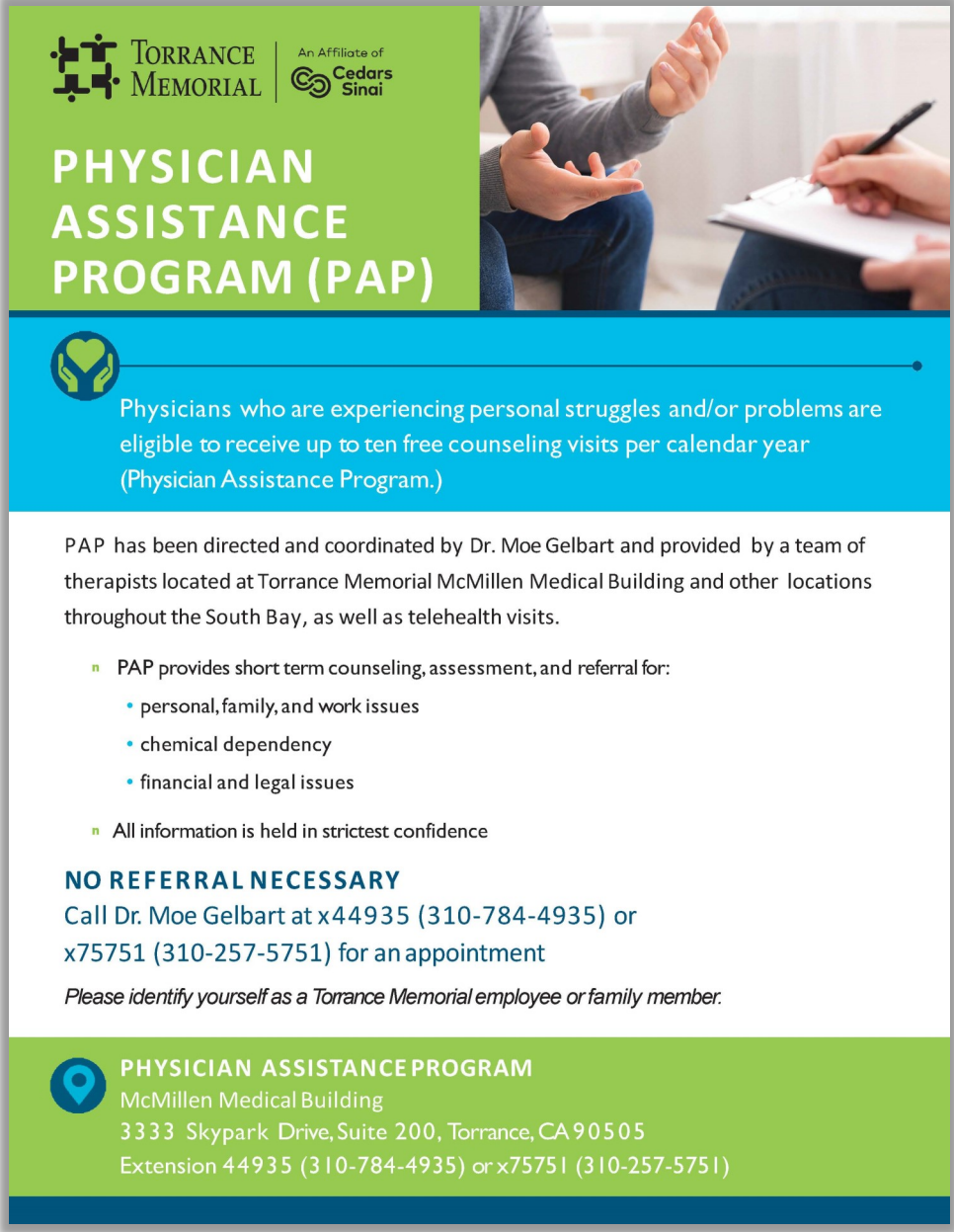
WHEN IT COMES TO **STROKE**,

BE FAST CALL **911**

Any one of these sudden **SIGNS** could mean a **STROKE**



MEDICAL STAFF ASSISTANCE PROGRAM



TORRANCE MEMORIAL | An Affiliate of **Cedars Sinai**

PHYSICIAN ASSISTANCE PROGRAM (PAP)

 Physicians who are experiencing personal struggles and/or problems are eligible to receive up to ten free counseling visits per calendar year (Physician Assistance Program.)

PAP has been directed and coordinated by Dr. Moe Gelbart and provided by a team of therapists located at Torrance Memorial McMillen Medical Building and other locations throughout the South Bay, as well as telehealth visits.

- PAP provides short term counseling, assessment, and referral for:
 - personal, family, and work issues
 - chemical dependency
 - financial and legal issues
- All information is held in strictest confidence

NO REFERRAL NECESSARY
Call Dr. Moe Gelbart at x44935 (310-784-4935) or x75751 (310-257-5751) for an appointment
Please identify yourself as a Torrance Memorial employee or family member.

PHYSICIAN ASSISTANCE PROGRAM
McMillen Medical Building
3333 Skypark Drive, Suite 200, Torrance, CA 90505
Extension 44935 (310-784-4935) or x75751 (310-257-5751)

Eligible Medical Staff members may self-refer to the Program by calling **GELBART AND ASSOCIATES** at **(310) 257-5751**. Inquiries will be held in strictest confidence.

Self-referrals are limited to up to ten (10) visits to program counselors. The program counselor may immediately refer clients to a qualified professional in the community for continued care after an initial assessment, if the counselor determines that more than ten (10) visits are necessary.

Torrance Memorial Medical Staff provides members of the Medical Staff with professional and confidential assistance through a Medical Staff Assistance Program (MSAP) at no cost to members for ten (10) crisis and intervention visits per calendar year. This service proves members with a constructive way to deal with personal problems which may be affecting behavior and clinical performance. It is the belief that dealing with these problems preemptively may alleviate issues related to clinical performance, clinical privileges and/or membership. However, member involvement in this or any other rehabilitation program does not excuse or limit the obligation of members to meet Torrance Memorial Medical Staff’s Bylaws, Rules and Regulations and polices/procedures or standards.

SUPPORT OUR STAFF



Support Our Staff

- Need to talk through a difficult situation you have encountered? A case that is bothering you? Or perhaps a personal issue that has been difficult to process? **Help is only a call away!**
- The **S.O.S.** team is comprised of volunteers trained in critical incident stress management who will provide you with a “safe zone” to express thoughts and reactions to enhance coping.

Common reactions to a stressful life event include:

Physical Symptoms	Psychological Symptoms
<ul style="list-style-type: none">• Sleep disturbance• Difficulty concentrating• Fatigue	<ul style="list-style-type: none">• Fear• Grief• Depression• Self-doubt• Extreme sadness

- You’ve cared for our patients and community, now let us care for you! S.O.S. is confidential, FREE, and available 24/7.

Simply call 310-997-7444 or x79100 and leave a message (you will be called back within 24 hours)



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Alternatively, you may contact:

DR. ZACHARY GRAY zachary.gray@tmmc.com at 310-869-3713 or

LAYNE KELLEY at layne.kelley@tmmc.com or 310-517-4719

to request S.O.S.

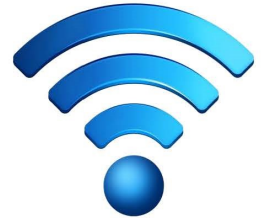


HELP IS ONLY A CALL AWAY!

Important Reminder



Staff and Physicians must use the
TMMC-Guest wireless network
with any personal device



This includes:

- Personal iPhone & Android phones
- Personal laptop computers
- Personal Apple & Android tablets
- Any non-TMMC device

Benefits of using the TMMC-Guest wireless network:



- Uses the same reliable networking infrastructure as the production network
- Protects the organization by completely separating an individual's personal computing using unauthorized devices from our protected production network.
- Is encrypted the same way the TMMC production network is to provide data security
- Does not have bandwidth restrictions
- Requires re-authentication every 7 days to keep the network additionally secure

Mobile Heartbeat on Personal Cellular Devices:

If wireless connectivity is lost the device will use cellular to continue to receive notifications.

For security Mobile Heartbeat logs users out after 7 days of use.

User must log back into Mobile Heartbeat to continue receiving notifications.



PORTUGUESE CUISINE

Please join us for our upcoming hosted

*Physician
Luncheon*

FRIDAY, MAY 10

from 11am to 2pm

Sponsored by



**TORRANCE
MEMORIAL**

An Affiliate of
**Cedars
Sinai**

FILIPINO CUISINE

Please join us for our upcoming hosted

Physician Luncheon

THURSDAY, MAY 16

from 11am to 2pm

Sponsored by



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Medical Staff Calendar

May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 7:00a Breast Tumor Board 7:45a Gen Tumor Board 12:30p MSPi	3 7:00a Thoracic Tumor Board
6 12:30p Cardiology Subcommittee	7 12:00p Bioethics 12:30p Infection P&T Committee	8 7:00a Anesthesia Department 7:00a CV Review Conference 7:00a Cardiology PI 12:30p C-Section Committee 12:30p Medicine Department	9 7:00a Breast Tumor Board 7:00a Cardiac PI/M&M 7:45a GI Tumor Board	10 7:00a Thoracic Tumor Board
13 7:30a IRB 12:30p Credentials	14 6:00p Medical Exec. Comm..WT-D	15 7:00a CV Review Conference	16 7:00a Breast Tumor Board 7:45a CNS Tumor Board 8:30a EndocrinologyWT-C 9:00a Emergency Dept. 12:30p Pediatric Department	17 7:00a Thoracic Tumor Board
20 12:00p Burn & Wound 12:30p Oncology PI	21 7:00a Cancer Committee 12:30p EDIE Patient Care Comm.	22 7:00a CV Review Conference 12:30p Critical Care Committee	23 7:00a Breast Tumor Board 7:45a GI Tumor Board 12:30p Stroke Committee 5:00p Bariatric Committee	24 7:00a Thoracic Tumor Board
27 	28 12:30p OB/GYN Department 12:30p Radiology Department	29 7:00a CV Review Conference	30 7:00a Breast Tumor Board 7:45a Gen Tumor Board 12:30p Credentials 12:30p Med Staff IT Committee	31 7:00a Thoracic Tumor Board



CME CONFERENCES

Date: Wednesdays, 12:30 p.m.

Location: Hoffman Health Conference Center

Torrance Memorial Medical Center is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

Torrance Memorial Medical Center designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For up-to-the-minute conference information call (310) 784-8776 or visit: http://www.torrancememorial.org/For_Physicians/Wednesday_CME_Conferences.aspx

May 1, 2024

“Diabetic Foot”
Paul J. Kim, DPM
University of Texas Southwestern
Commercial support: None
[Join Zoom Meeting](#)
Meeting ID: 849 1169 4782

May 8, 2024

To be determined

May 15, 2024

To be determined

May 22, 2024

To be determined

May 29, 2024

To be determined

June 5, 2024

To be determined

June 12, 2024

To be determined

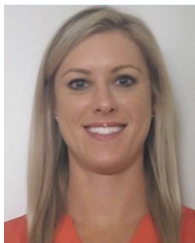
June 19, 2024

To be determined

June 26, 2024

To be determined

Welcome New Practitioners



Nancy Balewski, PA
Physician Assistant
Cardiac Thoracic Surgery
Torrance Memorial Cardiothoracic Surgery
2841 Lomita Blvd 310
Torrance, CA 90505
Phone: (310) 784-6946
Fax: (310) 326-6005



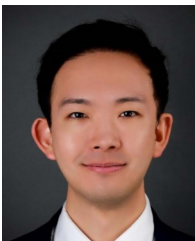
Daniel Joseph Binelli, PA
Physician Assistant
Cardiac Thoracic Surgery
Torrance Memorial Cardiothoracic Surgery
2841 Lomita Blvd 310
Torrance, CA 90505
Phone: (310) 784-6946
Fax: (310) 326-6005



Anna Koblik Chen, MD
Teleneurology-IONM
Gamma Neuro Network (MPower Health)
Marina del Rey
475 Washington Blvd.
Marina Del Rey, CA 90292
Phone: (949) 228-9676
Fax: (310) 439-3701



Julia Jen-Chiao Hsiao, DO
Neurology
Optum - Neurology
3565 Del Amo Blvd Suite 200
Torrance, CA 90503
Phone: (310) 214-5741
Fax: (310) 791-1763



Won Seok Shin, MD
Family Medicine
Torrance Memorial Physician Network
3701 Skypark Dr., Suite 100
Torrance, CA 90505
Phone: (310) 378-2234
Fax: (310) 326-2630



Harry Jingze Wong, MD
General Surgery
Center for Weight Management and
Metabolic Health
8635 W. 3rd St., #795
Los Angeles, CA 90048
Phone: (310) 423-8350
Fax: (310) 423-8351

Physicians/AHP Roster Updates

Address Changes

Bugsu Ovunc, MD
Pediatric Pulmonary
23600 Telo Avenue Suite 130
Torrance, CA 90505
Phone: (310) 833-1334
Fax: (310) 833-0270

Evan S. Walgama, MD
Otolaryngology
Cedars Sinai Medical Group
8631 W. 3rd Street Suite 915E
Los Angeles, CA 90048
Phone: (310) 750-3326
Fax: (310) 423-2585

Resignations

Gary S. Chuang, MD
Dermatology

John N. Donlou, MD
Psychiatry

Nestor R. Gonzalez, MD
Neurosurgery

John C. Lam, MD
Infectious Disease

Kyle S. Nakamoto, PA
Physician Assistant Orthopedics

Catherine L. Oberg, MD
Pulmonology

Kevin A. Pape, PA
Physician Assistant Cardiology

Bob B. Shafa, MD
Neurosurgery

Lindsey M. Spragg, MD
Orthopedic Surgery

Retirements

Jody B. Aronson, MD
Obstetrics/Gynecology

Albert C. Chen, MD
Obstetrics/Gynecology

Donald W. Inadomi, MD
Nephrology

Peter C. Tseng, MD
Hospice

Leave of Absence

Pranay B. Patel, MD
Orthopedic, Spine Surgery

The Medical Staff Newsletter **ProgressNotes** is published monthly for the Medical Staff of Torrance Memorial Medical Center.

Oren Zaidel M.D.

Chief of Staff

Layne Kelley, MA, CPHQ, CPMSM

Director, Medical Staff Services & Performance Improvement

MONTHLY MEDICAL STAFF NEWSLETTER

Progress Notes



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